

Grapevine



**Terry Tenney with his
Veterans Home Art Show
Best of Show entry
“Steam Tractor”**

Photo by Glen Nock

Living at the Veterans Home of California in Yountville – April 13, 2007

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Bear in Mind ...

by Sarah Miller, Ph.D, Clinical Staff Psychologist

After decades of memories and solving the problems life throws at us, it's natural to want to really retire. Who wanted to do long division or diagram sentences after graduation? Science seemed to say our brains were fully formed when we entered adulthood anyway (except for going downhill), so why bother to keep learning.

The good news is -- new scientific breakthroughs show our minds continue to form new connection throughout life! The term is "neural plasticity." That may not be such a lovely term, but it offers us hope that we can preserve our memories and expand our learning as we age.

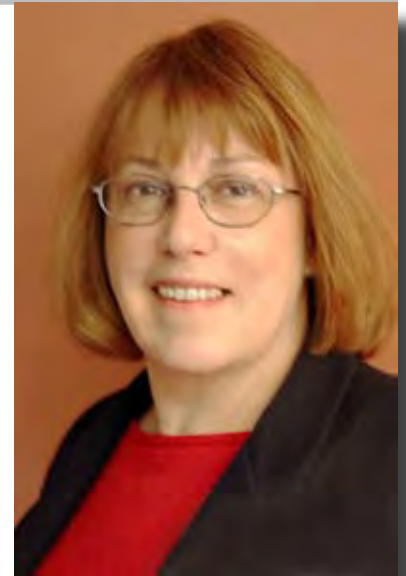
I am very excited about the scientific discoveries in recent years and plan a series of "Psych 101" presentations for you beginning next month. In the **Grapevine** there will be a column giving you easy ways to benefit from this science yourself. The exercises will be small but bear in mind that every time you learn something new, you are actually building new connections in your brain, connections that will protect you.

Here we go:

1. Mark 5 separate words at random in the Grapevine (or any of your publications). Look away and then try to recall them -- check to see if you're right. Then read a different article. Now can you still remember those 5 words? Adjust the number of words up or down until you feel gently challenged. Do this every day, and you will be developing your memory.
2. Find someone who is able to speak a language you don't know. Ask them to teach you how to exchange greetings in that language -- the equivalent of "Hi, how are you? I'm fine, how are you?" is all you need. Now, learn that well enough to greet them in that language -- and practice when you see them. You will add new brain connections and a connection with another person as well!

That last exercise is important. The more social connections you have, the safer your brain-health is. In fact, your immune system is strengthened when you have more social connections, even more if you develop close friendships.

I believe these little factoids and mental exercises will be useful to you -- if you bear them in mind!



Founders' Day 2007

1:30 p.m., Sunday, April 22 at Lincoln Theater

- 1:30 to • Wine Tasting*
- 2:30 p.m. • Ice Cream Social*
 - Jammers*
- 2:30 to • Entertainment*
- 3:30 p.m. • Keynote Speaker*
 - Hall of Fame Induction*

*Wine Tasting sponsored by the Allied Council
Ice Cream Social provided by the Korean War Veterans
Jammers, Sharyl Golway, director*

*Entertainment includes:
Senior Chorale, Ellen Patterson, director
Hill's Angels, Karen Riddle, director
Variety Show presented by groups and individuals from the Veteran's Home,
Ellen Patterson, producer.*

Hall of Fame Induction sponsored by the Allied Council

Lincoln Theater ... celebrating 50 years of entertainment!

Best of Show



"Steam Tractor" by Terry Tenney

Vet's Home Art Show *The Bold and the Beautiful*

By Chris Williams

Take time and talent, add a little showmanship and you have the Veterans Home Art Show which you can see displayed in the Lincoln Library through the month of April. Hear "Art Show" and you think of oil paintings lined up on walls. Not here. There were 21 different categories ranging from acrylic painting through woodworking with beguiling stops along the way. At one of these stops, "Scroll Saw/Fretwork", Terry Tenney was awarded Best in Show for a complicated model of a vintage steam tractor. Requiring six months to build, it is accurate down to the smallest detail.

Thank you to
photographers
Glen Nock
Neil Remnant
Chris Williams
Lou Zauner
for these
beautiful
photos.

Needlework ranged from the delicate to the flamboyant, from the detail of Maxine Sierck's "Headband" to the bold statement of Kay Wilson's "Remembering Toshiro Mifuni." Anita Collier demonstrated versatility with the fineness of "My Furry Hat" to the ceramic "My Art Show." Ceramics was competitive since this category had the most entries.

Acrylic Painting drew the second largest number of entrants with striking and colorful pictures which contrasted with the shimmering birds and flowers depicted in watercolors. Special Recognition covered a wide range on its own from Bud Modin's "Bonfire" to Rick Pendleton's "Fields of Glory."

Those who wish to explore their artistic side will find many opportunities here. In addition to the Creative Arts Center, classes are held in several locations, all the way from Holderman to Section "F" on several days of the week. The *Grapevine* will provide a list for you in a future issue.

Photos continued on next pages









Art Show Participants

Category: Display Only

Artist	Title	Award
Floyd Baird	Heavy	n/a
Maxine Sierck	Afgan	n/a

Category: Acrylic Painting

Artist	Title	Award
Dean Buck	Wilderness Road	
Dean Buck	Forest Road	2 nd
Linda Hansen	Snowy Mountains	
Tom Sarbeck	Fence	
Elaine Simpson	Three Cats	
Dirk Vanderschuur	Untitleded Green	
Dirk Vanderschuur	Race Day	1 st
Haden Jordan	Forest King	
Rose Marie Stevens	White Poppy	
Jack Brannan	Brandy (Therapy Dog)	2 nd

Category: Oil Painting

Artist	Title	Award
David May	Beer and Food	2 nd
David May	Wine and Fruit	1 st

Category: Watercolor

Artist	Title	Award
June Patton	Bird	3 rd
June Patton	Flower	2 nd
Edith Malan	Iris in Yellow Pitcher	
Edith Malan	Swan's Time	
Shirley Hackett	Roses	1 st

Awards continued on next pages



Artist
Robert Koruda
Roy Sandow
Roy Sandow
Ada Fewell

Category: Colored Drawing

Title	Award
Fuzzy	1 st
Hi	3 rd
Pink	
Ada's Easter Basket	2 nd

Artist
Elaine Simpson
Christopher Bond
Christopher Bond

Category: Photography (Color)

Title	Award
Danny, Oriental Shorthair Cat	1 st
Half Dome 1	3 rd
Half Dome 2	2 nd

Artist
Glen Nock

Category: Digital Photography

Title	Award
Mustard	1 st

Artist
Tome Sarbeck
Chtherine Croucher
Shirley Hackett
Linda Hansen

Category: Fine Art Mixed Media

Title	Award
Pitcher	3 rd
Gatekeeper	2 nd
Cats	1 st
Horses of War	

Artist
Josephine Gonzalez
Josephine Gonzalez
Robert Hanford
Marie Lumos
Marie Lumos
Bud Modin
Bud Modin
Florine Wilson
Florine Wilson
George Caine
George Caine
Gary Hemphill
Rose Marie Stevens

Category: Special Recognition

Title	Award
"Swans"	
Johnson's Coach Barn	
Plum Beautiful	
Godward Barn	
Birds	
Flight	1 st
Bon Fire	2 nd
Kleinsasser Horse Barn	
Birds	
Pitcher	
Have You Been Goosed Lately	
Flowers	
Flowers	3 rd

Artist
Rick Pendelton
Rick Pendelton

Category: Special Recognition MH

Title	Award
Road Inn	2 nd
Fields of Glory	1 st

Artist
Maxine Sierck
Nancy Gothier
Anita Collier

Category: Glazed Ceramics

Title	Award
True Love	
Gasket with Pokadot Napkin	
My Art Show	1 st

Awards continued on next pages



Category: Glazed Ceramics continued

Ed Wilson	Cookie Jar	
Gary Hemphill	Stein/Birds	3 rd
Jack Lavers	Horn of Plenty	
Robert Dutton	Pitcher	
Ed Mowry	Black Cat	
Ed Mowry	Frog One	
Noland Gregory	Pheasant	
Noland Gregory	Duck	
Jo Oddo	Frolicking Cherubs in Water	
Jim Sousa	Neon Bright	2 nd
Jim Sousa	One To Many	

Category: Stained or Painted Ceramics

Artist	Title	Award
James Jackson	Great Grand Child's First Tree	

Category: Woodworking

Artist	Title	Award
Terry Tenney	Squirrel Hospital	2 nd
Jim Dolyhank	My Fire Engine	1 st

Category: Crochet/Knit

Artist	Title	Award
Anita Collier	Fine Furry Hat	2 nd
Gretchen Ackerley	"Paddy"	3 rd
Gretchen Ackerley	Alfie (Clown)	1 st

Category: Original Design in Needlework

Artist	Title	Award
Kay Wilson	Kate Greenway Alphabet	2 nd
Kay Wilson	Remembering Toshiro Mifuni	1 st
Helen Propst	Little Fountains	3 rd
Chet Mercer	My Cozy Jack	

Category: Glasswork

Artist	Title	Award
Charles Richesin	Bevel Closter	2 nd
Charles Richesin	My Lamp	1 st

Category: Beadwork

Artist	Title	Award
Maxine Sierck	My Head Band	1 st

Category: Scroll Saw/Fretwork

Artist	Title	Award
Terry Tenney	Steam Tractor	1 st

Category: Model Building (Plastic) Kits

Artist	Title	Award
Ted Thompson	Ankylosaurus	3 rd
Tony Guevara	Whopper Chopper Motorcycle	2 nd
Jack Porter	Biker Buildoff	1 st

Awards continued on next page

As I Heard It ...

Dix Bruce Band brings the Best of New Orleans Music to the Home

By Lou Zauner



Dixieland, Ragtime, Big-Band Era dance music -- you name it; none does it better than the Dix Bruce Jazz Band! The sponsorship of Friends of the Veterans again brought two hours of sensational music to the Hospital Recreation Area, on Thursday, April 5, from 2 to 4 pm. Over 100 Home Members, Staff and guests listened to a variety of over 20 fantastic instrumentals and vocals performed by the talents of professional musicians that bring back, again and again, the audience that knows them.

Impresario, Band Leader and Master of Ceremonies Dix Bruce plays guitar and vocalizes. With him is Carl Neuman, piano and vocal; John Hunt, trombone and vocal; Marty Eggers, bass fiddle; Andrew Storar, trumpet and vocal; Steve Apple, drums and cymbals; and Renee Deeter, clarinet and saxophone.

To open the show was "C Jam Blues" followed by "Dinah" was brought to vibrant life by trombonist John Hunt with vocal and superb clarinet by Renee Deeter. Fabulous! Next was the whimsical "Milk Cow Blues" (yes, there is such a composition) followed by the sentimental "Every body Loves Somebody."

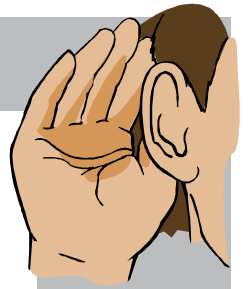
Continued on page 11

Awards continued

Category: Craft Coloring Kit		
Artist	Title	Award
Al Vivian	Sunflowers	1 st
Category: Figurine Painting		
Artist	Title	Award
Ted Thompson	Pelican	1 st
Category: Paint By Number		
Artist	Title	Award
Clyde Woods	Tropical Sunset	2 nd
Al Vivian	Deer in Woods	1 st

Ten Commandments for Effective Communication

From John Leddo, Dir. of Audiology at the Easter Seal Rehabilitation Center of Fairfield County, CT



1. Thou shalt not speak from another room.
2. Thou shalt not speak with your back toward the person with impaired hearing.
3. Thou shalt not start speaking and walk away.
4. Thou shalt not turn away from the hearing impaired person while speaking.
5. Thou shalt not speak with competing sounds in the background such as radio, TV or running water.
6. Thou shalt get the attention of the hearing impaired person before beginning to speak.
7. Thou shalt speak face to face at all times.
8. Thou shalt remove visual obstructions such as cigarettes, hands, etc., before speaking.
9. Thou shalt speak distinctly.
10. Thou shalt be patient.

Continued from page 10

Dix Bruce introduced the arrival of the true New Orleans sound with “Way Down Yonder in New Orleans” embellished by John Hunt and his scintillating trombone and followed by Gary Neuman on piano adding to the rendition of “My Blue Heaven” and then “Black and White Ragtime.”

A surprising and pleasant event took place when Richard Weigum, a Home Resident and songwriter, presented the band with copies of “On Our Anniversary Day This Day,” music which he had written. The beautiful song, played impromptu by the entire band, was met with applause all around.

After a brief 10-minute break, the show resumed with “Let The Good Times Roll,” Dixieland Jazz at its best, and was followed by “Somewhere Beyond the Sea,” a wild and energetic “Honeysuckle Rose” which was vocalized by Dix Bruce. Then was “Pennies From Heaven,” like you’ve never heard it before, vocalized by John Hunt and “St. Infirmity Blues,” the hallmark of Renee Deeter on clarinet. Nobody does it better! You just feel you’re following a slow-moving procession in the heart of the French Quarter in New Orleans. This lady also plays an elegant sax.

Finally “Choo-Choo Boogie,” “Take Me Right Back to the Track, Jack,” “Salsa Polka,” “Fly Me to the Moon,” “Take Me Back to St. Louis”-- and the concert ended with a wild and frantic “They Raided the Joint.”

Enough thanks can’t be given to the generous performance of Dix Bruce and his wonderful talented musicians and to Friends of the Veterans Home for bringing this great entertainment to the Home. Dixieland Dix promised to back in October. Mark your calendar and watch for announcements. You can’t afford to miss the next appearance of the Dix Bruce Jazz Band.



Richard Weigum, a Home Resident and songwriter



Home Member Mickey Gandel at Sally Hensley's table.

Peddlers' Faire ... Bargains for All

By Chris Williams

You have your yard sales. You have your specialty shops. You have your discount chains. Put 'em all together, and what do you have? Our own Peddler's Faire. Browse the handy, odd, unexpected and beautiful without going farther than our own Grant Hall. Drop in from 8am 'til 12pm on the first Saturday of every other month. Look for their flyers.

Some items you can count on finding each time: jewelry, wallets and custom needlework from our own members. You can spruce up your digs with some of their colorful additions like pillows and throws and spruce up yourself with one of a kind, handmade accessories.

Some special collectibles are available from specialists who can provide information about them. Perhaps the most fun is at a long table without signs which is packed with new and used wares which could only be called "miscellaneous." Take a long time to browse here. When you find a "what is it?", look for a seller like Sally Hensley who knows the use for everything.

It would be worth traveling to find bargains like these. Fortunately, the Peddlers' Faire comes to us.

"Dealing with Difficult People"

Develop New Coping Skills

By Chris Williams, photos by Neil Remnant & Chris Williams



Not that you know any difficult people. Certainly not at the Veterans Home. However, it's good to learn some survival techniques we can use when needed. We're offered the chance to sharpen our skills with a new series of seminars being offered by Rich Lindsey, LCSW of the Social Services department. What to expect? "Counter-manipulative tactics to address manipu-

lation by others." Also, you'll learn some anger management techniques to allow you to maintain the objectivity to put your tactics to use.

Mr. Lindsey points out that controlling our own lives is essential and being able to resist manipulation by others is key part of that control. You will learn to know your own listening and communication styles and how to adapt them. These insights are important to a larger goal: building a community.

The series is offered every Tuesday from 1:00 to 2:00 pm. You can join at any time during the remaining ten sessions.

Drop in when you can. You'll come away with nuggets you can use.

Sat, Apr 14
7:00 pm

Napa Valley Junior Miss Pageant Join Napa Valley's Junior Miss Scholarship Program for an evening of music, fun and entertainment as some of the most talented young women in Napa Valley compete for more than \$10,000 in scholarships and the title of Napa Valley's Junior Miss. Watch the participants demonstrate their talent, fitness and self expression.



Sat, Apr 28
8:00 pm

The Fab Four What would you give to spend an evening with the Beatles? With uncanny note-for-note live renditions and performances of Beatles' songs, The Fab Four will take you back to every era of the band, and make you think you are watching the real thing. Fans will trip down Penny Lane, take a spin in a Yellow Submarine and close their eyes to Imagine. You won't believe your eyes and ears, and we dare you to try not to sing along.



Friday the Thirteenth Paraskevidekatriaphobia

By Chris Williams

Yes, there's that word again. It's really not all that formidable, just a combination of Greek words for Friday, thirteen and fear. The effects, though, can be serious. "\$800 or \$900 million is lost in business on this

day because people will not fly or do business that they would normally do," according to the Phobia and Stress Management Center. They estimate that 17 million people are affected by of this day, some refusing to leave their beds.

They might be wise. A British Medical Journal study has shown that there is a significant increase in traffic related accidents on Friday the 13th. The reason for that? Self-fulfilling prophecy. Nervous drivers causing the very outcome they dread. Be careful about what you expect. You may unwittingly bring it about.

2007 Grapevine Deadlines and Distribution Dates

Please note new deadlines:

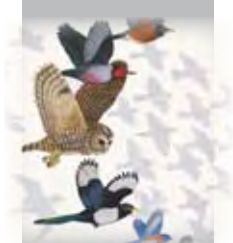
Month	Deadline	Distribution
Apr	20	27
May	4, 18	11, 25
Jun	1, 15, 28	8, 22
Jul	13, 27	6, 20
Aug	10, 24	3, 17, 31
Sep	7, 21	14, 28
Oct	4, 19	12, 26
Nov	2, 14, 30	9, 21
Dec	14, 28	7, 21

April Programs at the Napa Valley Museum



Fri, Apr 20
6 to 8 pm

Martini Madness *Music by Joe Holiday & the Cosmopolitans* Appetizers donated by Cindy Pawlcyn of Mustards Celebrate TGIF with martinis, appetizers from Cindy Pawlcyn, jazz by *Joe Holiday & the Cosmopolitans* and the opportunity to win one of the works from *Take a Chance on Art*. \$5 raffle tickets will be sold during the course of the evening for drinks and a chance to win the art on the gallery walls. Don't miss this ultimate mixer night at the Napa Valley Museum. \$5 per ticket for Martinis or *Take a Chance on Art* raffle tickets. RSVP at 944-0500.



Sat, Apr 21

Presentation
4 to 5 pm
Reception
and Book
Signing 5 to
6 pm

Birds of Napa County by Hermann Heinzel From grebes and ducks to creepers and sparrows, there is liveliness to Hermann Heinzel's *Birds of Napa County*. This book is more than just a convenient bird guide: it reveals a world beyond vineyards, an affirmation that there is both a beauty and a magic to the forests and rolling hills of Napa. Please join us for an afternoon with renowned illustrator Hermann Heinzel. \$5 for members, \$10 for non-members. RSVP at 944-0500.



Sun, Apr 22
2 to 4 pm

Environmental Artivism with Photojournalist Peggy Darnell Join Peggy Darnell for a slideshow presentation about the collective process of creating environmental art. Peggy will describe her involvement in the creation of *Christo's The Umbrellas*, Joint Project for *Japan the USA*, 1991 and Mark Chamberlain and Jerry Burchfield's *The Tell in Laguna Beach*, 1989. Her umbrella photos were acquired by the Schneider Museum of Art in Ashland, Oregon. Free with Admission. RSVP at 944-0500.



Fri, Apr 27
3 to 5 pm

Sat, Apr 28
9 to 11 am

Community Nesting Box Construction Project with Cheryl Harris and Karen Sheldon, Napa/Solano Audubon Society Children ages eight to twelve will join Cheryl and Karen in the construction of Nesting Boxes for the wild bird populations of Napa County. These boxes will assist in increasing the population of local species including bluebirds, purple martins and Western screech owls. Following the box construction, Cheryl will lead a bird-watching hike and discussion to identify local birds. RSVP at 944-0500.



Sat, Apr 28
4 to 6 pm

Take a Chance on Art Raffle Drawing Live music, wine and hors d'oeuvres Please join us for the last opportunity to purchase raffle tickets and enter the drawing to win an original work of art from *Take a Chance on Art*. One raffle ticket will be pulled from each box and the artwork goes to the person whose ticket is drawn at random. There will be live music, wine and hors d'oeuvres to enjoy during the course of the drawing. \$5 each for *Take a Chance on Art* Raffle Tickets. RSVP at 944-0500.

At the right the “Jammers” performing under the new *band shell* ... gazebo ... shelter ... bus stop? You name it! Send your suggestions to Administration and you may be the lucky \$50 winner!



Photo by Neil Remnant

Easter in the Main Dining Room brought out the special Holiday meal, wine and fancy outfits.

Photos by Glen Nock



Lulu Wigginton in her Easter best. The back of the hat is covered with flowers.



The Holiday menu included Glazed Easter Ham, Roasted Lamb Tenderloin, Candied Yams, Lemon Dream cake.



There is an affordable clothing store right here at the Home! It's Socks Fifth Avenue which is located behind Holderman Hospital. Socks Fifth Avenue is open Tuesday, Wednesday and Thursday from 8 am to 11 am and on Tuesday and Wednesday from 1 pm to 3 pm. The price range, you ask? It's one price for all – \$\$\$ *FREE* \$\$\$

**sign up
early**



Residential Care Special Events

Sign up early! Activities can fill quickly. All activities are subject to change due to bus and driver availability.

April 2007

	Date	Time	Event	Bus	Site	Signup
14	Sat	10:00 am	A's Baseball	MBS		Yes
		2:00 pm	Poets & Writers		LL	
		7:00 pm	Napa Jr. Miss Pageant		LT	Yes
15	Sun	7:30 am	Senior Center Breakfast	MGS		Yes
		1:30 pm	Am. Leg. Spring Fling		HRA	
21	Sat	9:00 am	Shrine Circus	MBS		Yes
22	Sun	10:00 am	Sacramento River Cats	MBS		Yes
		2:00 pm	Founders' Day		LT	
24	Tue	8:30 am	Sacramento Capitol Tour	MBS		Yes
25	Wed	12:30 pm	LeMelange	MDR		Yes
28	Sat	9:15 am	Fairfield Mall	MBS		Yes
		8:00 pm	"The Fab Four"		LT	Yes
29	Sun	9:00 am	Oakland Zoo	MBS		Yes

Key – 1C/1D: Hospital 1C/1D patio; Bor: Borman Field; Chp: Chapel; GH: Grant Hall; GR: Games Room; HL: Hospital Lobby; HRA: Hospital Recreation Area; Lib: Lincoln Library, LL: Lee Lounge; LT: Lincoln Theater; MBS: Main Bus Stop; MDR: Main Dining Room; MPG: Main Picnic Grounds; SF: San Francisco; Tav: Tavern; VHC: Veterans Home Cemetery; VGC: Vintners Golf Course; VHL: Veterans Home Lanes; XII: Annex II; Ynt: Yountville; YVP: Yountville Veterans Park.

Date Change for Navy League Breakfast

The Navy League Breakfast is now scheduled for April 28 at 10 am at Compadres. Cost is \$15 per person. Please sign up in the Activities Office.

Were you a B17 Crew Member?

If you were, you have a wonderful opportunity to participate in B17 flight at the Napa Airport during the upcoming event May 7th through 9th. For more information contact Janette Eubank at 944-4938.

Our Relay For Life Team Bake Sale

Wednesday April 18th from 10 am to 1 pm
in the West Hallway,
1st Floor Hospital Rec Area

Low cal alternative? Come purchase a fabulous Yountville Veterans Home Cookbook for only \$10! ALL Proceeds to benefit the American Cancer Society. Help our team raise money for a cure!

Transportation to and from Lincoln Theater Programs *Please Help Us Out*

A bus is provided to home member to ride to and from Lincoln Theater for performances. Please allow the licensed Care folks to go first. Everyone will get a ride, but please be patient. The Lincoln Theater Lobby will be open while you wait. *No one will be left behind.*



Week 2 (B)

Main Dining Room Menu

April 15 thru

21, 2007

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	Assorted Juices Assorted Cereals Sausage Gravy Biscuit	Assorted Juices Assorted Cereals Cream of Rice Fried Eggs Corned Beef Hash English Muffin	Assorted Juices Assorted Cereals Omelets Salsa Bacon Toast	Assorted Juices Assorted Cereals Creamed Chipped Beef W Biscuit	Assorted Juices Assorted Cereals French Toast w/ syrup Sausage Link	Assorted Juices Assorted Cereals Fried Eggs w/ Bacon Breakfast Potatoes English Muffins	Assorted Juices Assorted Cereals Cheese Blintz w/Fruit Compote Sausage
L U N C H	Roast Beef w/Gravy French Green Beans Baked Potato w/Sour Cream Bread Boston Cream Pie	Butternut Squash Soup Chicken Marsala Broccoli Brown Rice Bread Ice Cream	Swedish Meatballs Scandinavian Vegetables Buttered Noodles Bread Mandarin Oranges	Beef Brisket w/Gravy Brussels Sprouts Onion Parmesan Potatoes Bread Milano Cookies	Glazed Chicken Broccoli & Cauliflower Mix Wild Rice Rolls Pumpkin Pie	Marinated Beets Crab Cakes w/Tartar Sauce Seasoned Yukon Gold Potatoes Bread Ice Cream	Tossed Salad Boneless BBQ Beef Ribs Italian Green Beans Seasoned Corn Bread Rice Pudding
S U P P E R	Battered Halibut Glazed Carrots Red Roasted Potatoes Bread Tropical Fruit	Chili with Beans Mixed Vegetables Vegetables Northern Style Combread Tapioca Pudding	Turkey Roast Peas with pimientos Bread Dressing Bread Chocolate Cake	Hot Dog with all the fixings Coleslaw Baked Beans Chilled Cherries	Minestrone Soup Lasagna Spinach French Bread Fruit Cocktail	French Dip Sandwich w/ Au Jus Mediterranean Vegetables Lemon Meringue Pie	Linguini with Clam Sauce Seasoned Zucchini Winter Mix Garlic Bread Fresh Grapes

Breakfast: 6:30-8:00 Continental Breakfast: 8:00-9:00

Lunch: 11:00-1:00

Supper: 4:00-6:00

Approved By: Pat Schultz, RD #622918

*Menu will be adjusted for therapeutic and mechanically altered diets.

Week 3 (C)
2007

Main Dining Room

April 22 thru 28,

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	Assorted Juices Assorted Cereals Malt O Meal Sausage Gravy W/Biscuit Milk/Coffee/Tea	Assorted Juices Assorted Cereals Cream of Rice Fried Eggs Corn Beef Hash English Muffin Milk/Coffee/Tea	Assorted Juices Assorted Cereals Cream of Wheat Omelets Salsa Breakfast Potatoes Bacon Cinnamon Roll Milk/Coffee/Tea	Assorted Juices Assorted Cereals Oatmeal Creamed Chipped Beef W/Biscuit Milk/Coffee/Tea	Assorted Juices Assorted Cereals Grits Cinnamon French Toast Assorted Toppings Sausage Links Milk/Coffee/Tea	Assorted Juices Assorted Cereals Cream of Wheat Fried Eggs Bacon Breakfast Potatoes English Muffins Milk/Coffee/Tea	Assorted Juices Assorted Cereals Oatmeal Omelet Potato Pancakes Bacon Milk/Coffee/Tea
L U N C H	Roast Turkey W/ Gravy Cranberry Sauce Brussels Sprouts Stuffing Bread Ice Cream Strawberry Shortcake	Lemon Pepper Fish Steamed Green Beans Baked Potato w/Sour Cream Bread Ice Cream	Salisbury Steak W/ Gravy Zucchini Winter Mix Mashed Potatoes Bread Chilled Apricots	Marinated Mushroom Salad Ham Steak Peas W/Pimento Sweet Potatoes Peach Cobbler	Corned Beef Cabbage, Carrots & Onions Boiled Potatoes Rye Bread Oatmeal Cookies	N.E. Clam Chowder Seafood Platter W/Lemon French Fries Cole Slaw Bread Ice Cream	BBQ Chicken Peas Potato Salad Bread Sweet Potato Pie
S U P P E R	Beef Pepper Steak Steamed Rice Broccoli & Cauliflower Bread Fruit Cocktail	Chicken Patty With or without a bun Lettuce & Tomato Mixed Vegetables Chilled Peaches	Pork Chop w/Country Style Gravy Yukon Gold Potatoes Spinach Bread Carrot Cake	Spaghetti W/Italian Meat Sauce Parmesan Cheese Italian Vegetables Garlic Bread Fresh Grapes	Vegetable Soup Egg Salad Sandwich Lettuce and Tomato Cucumber and Onion Salad Orange Section	Polish Sausage W/Sauerkraut Ranch Style Beans Spinach Bread Tropical Fruit	Hungarian Goulash Scandinavian Vegetables Buttered Noodles Bread Chilled Cherries

Breakfast: 6:30-8:00 Continental Breakfast: 8:00-9:00 Lunch: 11:00-1:00 Supper: 4:00-6:00

Approved By: Pat Schultz, RD #622918

*Menu will be adjusted for therapeutic and mechanically altered diets.

MOVIE NIGHT IN GRANT HALL



Fri, Apr 13 – “Man Of The Year”

A new (2006) comedy-thriller about the American political system starring Robin Williams. Williams is elected president because of a voting-machine error. This is an interesting story touching on some current events and provides Williams with a good vehicle. An above average entertainment.

Wed, Apr 18 – “Look Who’s Talking”

A 1989 comedy starring John Travolta, Kristie Alley, Olympia Dukakis, George Segal with the voice of Bruce Willis. This is a story about a single working mother who’s out to find a perfect father for her child. James (Travolta) a cab driver and baby-sitter and the baby conspire to bring the mother, baby and James together. An amusing, entertaining comedy.

Fri, Apr 20 – “The Prestige”

A new (2006) drama stars Hugh Jackman, Christian Bale, Michael Caine and Scarlet Johansson. A story of two young, passionate magicians who become rivals with twists and turns involving intrigue, interesting illusion and mystery. One of the better 2006 films.



Wed, Apr 25 – “Remains of the Day”

A 1993 film drama stars Anthony Hopkins, Emma Thompson, James Fox, Christopher Reeve and Hugh Grant. The story involves around the lives of the servants in a baronial English county home during the 1930s and early 40s. Overshadowing their personal lives, there is a larger fascinating tale of the misguided lord of the manor who is enthusiastically making alliances with pre-war Nazi sympathizers. A good look at this period in history. This is a Merchant-Ivory top quality production. ☆☆☆1/2.



Fri, Apr 27 – “Happy Feet”

A new (2006) animated musical comedy features singing and dancing penguins. This is a new, fun movie for all ages. Robin Williams and Nicole Kidman provide some of the voices. An above average family entertainment.

Monday Night Movies in the HRA

April 16: “State Fair”
April 23: “Maytime”
April 30: “I Won’t Dance”
Movies begin at 6:00 pm

MOVIE SPECIAL

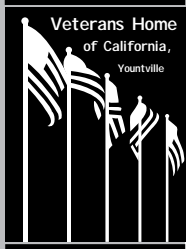
GRANT HALL
Theater doors
open at 5:15 pm
Wednesdays &
Fridays

Special selected
presentations at
5:30 pm

Feature Film
begins at 6:00 pm

The Digital
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and AMVETS

*Neil Remnant,
Movie
Coordinator*

The AMVETS Service Foundation logo is a circular emblem. It has a red outer ring with the words "AMERICAN VETERANS" in white. Inside the ring is a purple circle with a white silhouette of a soldier standing with a rifle. The word "AMVETS" is written in large, stylized letters across the center of the emblem.

The *Veterans Home Media Program* gratefully acknowledges the generosity of the *AMVETS Service Foundation* in supporting *KVET TV*, the *Grapevine*, and the *Veterans History Program*.

GRAPEVINE

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